

10th ANNUAL SCOTT MACKLER 5K RUN/WALK AT TEMPLE BETH EL

Proceeds to benefit the Philadelphia Chapter ALS Association

(AMYOTROPHIC LATERAL SCLEROSIS-ALSO KNOWN AS LOU GEHRIG'S DISEASE)

Sunday, October 25, 2009 at 12:30pm

** register online @ www.races2run.com or mail entries to race location**

REGISTRATION: \$20 pre-registration / \$25 day of event

- * Short sleeve t-shirts to all runners/walkers
- * Awards for best overall male & female runners-plus top 2 in each 5 year age categories
- * Awards for best overall male & female walkers-1st, 2nd & 3rd places



*Free post- race Buffet to all registrants

*Awards for donations raised (optional sponsor sheet / list of awards on reverse side)

*ALL proceeds donated to the Philadelphia Chapter ALS Association (www.alsphiladelphia.org)

****RAFFLE DRAWING*****Enter to win a free one week time share (one chance per \$100 donation)***



RACE LOCATION:

TEMPLE BETH EL
301 POSSUM PARK RD.
NEWARK, DE. 19711

Age Categories-(M/F)

13-under, 14-18, 19-24, 25-29,
30-34, 35-39, 40-44, 45-49, 50-54
55-59, 60-64, 65-69, 70 & over

Make checks payable to: 'THE ALS ASSOCIATION'

Scott Mackler 5k Run/Walk-(please print neatly and fill out the form completely)

NAME _____ Email ADDRESS _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

TELEPHONE _____ AGE (age on race day) _____ SEX _____

5K RUN _____ 5K WALK _____ T-SHIRT SIZE: S M L XL
(circle one)

SIGNATURE _____

(parent /guardian signature required if under 18 years old)

In consideration of this entry being accepted, I intend to be legally bound, hereby for myself, my heirs, executors, administrators, waive and release any and all rights I may have against the organization holding this event, its agents, and assigns for any and all injuries suffered by me in said race. Please discourage unofficial entrants from competing in our race. Unregistered runners, running with dogs, strollers, rollerblades, bicycles and the wearing of headphones is prohibited on the race course at any time to insure runners safety and to comply with our liability insurance standards.



